Disclaimer

**Community Resources** 

The community resources listed in this guide are provided to assist

parents or guardians in finding community services. The Los Angeles

Unified School District does not assume responsibility for the services

provided by the agencies nor for fees that may be charged to the parent

or guardian.

Recursos de la Comunidad

Los recursos de la comunidad en esta guía, son proporcionados para

ayudar a los padres o tutores a localizar los servicios disponibles en la

comunidad. El Distrito Escolar Unificado de Los Angeles no se hace

responsable por los servicios proporcionados por las agencias, ni por las

cuotas que pudieran cobrar a los padres o tutores.

### COMMUNITY-BASED AGENCIES REFERRAL

Parent(s)	)/Guardian(	$(\mathbf{S})$	):
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### **COMMUNITY RESOURCES**

The community resources listed below are provided to assist parents /guardians in finding community services. The Los Angeles Unified School District does not assume responsibility for the services provided by the agencies nor for the fees that may be charged to the parent or guardian.

Agency	Services	Address	Telephone

### Padres/Guardianes:

#### RECURSOS DE LA COMUNIDAD

Los recursos de la comunidad que se describen en la lista que sigue, son proporcionados para ayudar a los padres o tutores a localizar los servicios disponibles en la comunidad. El Distrito Escolar Unificado de los Ángeles no se hace responsable por los servicios proporcionados por las agencias, ni por las cuotas que pudieran cobrar a los padres o tutores.

Agencia	Servicios	Domicilio	Teléfono

The School Site Homeless Liaison shall provide requested referrals directly to their families for clothing/school uniforms, tutoring, counseling, medical, dental/, vision, food pantries and source centers. This resource guide contains the information of Community Based Organization servicing your area. For additional assistance and resources such as emergency housing services, families can be referred to 2-1-1 (LA County) that is accessible 24 hours a day in all languages.

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### Educational/Academic Assistance

Name: Homeless Education Office

**Los Angeles Unified School District** 

**Address:** 121 N. Beaudry Ave.

Los Angeles, CA 90012

**Phone:** 213-202-7581 **Fax:** 213-580-6551

Website: https://achieve.lausd.net/Page/12911

**Hours:** School Days 7:30 am -4:30 pm

Overview: Due to COVID-19 all staff are working remotely. Servicing students experiencing

homelessness 0-22 yrs. and their families assist in school enrollment and placement, advocacy, transportation assistance, resolution of school enrollment disputes,

backpack and school supplies, school clothing, and referrals to mental health and

social services.

Name: School on Wheels

**Skid Row Learning Center** 

Address: 600 E. 7<sup>th</sup> St., Suite 109, Los Angeles, CA 90021

**Phone:** 213-896-9200 **Fax:** 213-896-9222

Website: www.schoolonwheels.org

**Referral::** http://www.schoolonwheels.org/need-tutoring/

Overview: Due to Covid-19 tutoring services are provided online. To connect to a School on

Wheels remote tutor call 800 923-1100

Name: Beyond The Bell

**Los Angeles Unified School District** 

**Address:** 333 S. Beaudry Ave. 29th Floor

Los Angeles, CA 90017

**Phone** 213-241-7900 **Fax:** 213-241-7562

Website: <a href="https://btb.lausd.net/afterschoolprograms">https://btb.lausd.net/afterschoolprograms</a>

**Hours** 7 am - 4 pm

**Overview:** Provides before and after school programs as well as assistance with tutoring

services. Academic intervention programs include Extended Learning

Academy/Program (ELA/ELP), Intersession, Intensive Instruction Intervention Program (CIIIP), and the English Language Acquisition Program (ELAP).

# **Emergency Shelter & Transitional Housing Services**

**211 Coordinated Entry System and Resource Line**: For a variety of referrals such as domestic violence shelters, food banks, and government agencies. For immediate placement with a motel voucher, families who have nowhere to go that night may call 211 after 5 pm.

Name: Los Angeles Homeless Services Authority (LAHSA)-Year Round Shelter

**Program & Transportation Schedule** 

**Hotline:** 1-800-548-6047

**TDD:** 1-800-660-4026 (for the deaf and hearing disabled)

Website: <a href="https://www.lahsa.org/">https://www.lahsa.org/</a>

**Hours:** 24 hours 24/7

Overview: Due to Covid-19 non-essential LAHSA employees will work from home. The

lobby will be closed but staff will answer calls remotely. Outreach workers

will continue to operate in the field.

Selected community non-profit homeless services providers offer nightly shelter to homeless persons (mostly single adults) in Los Angeles County. As space may be limited, those in need of emergency shelter should contact the shelter hotline to determine the best way to gain admittance into a shelter. Most shelters will open at approximately 5 pm.

Name: Ascencia Closed until further notice due to the Covid-19

Address: 1851 Tyburn St.; Glendale, CA 91204

**Phone:** 818-246-7900 ex.100

Fax/Email: 818-246-2858/ Email: info@AscenciaCA.org

Website: https://www.ascenciaca.org/how-we-help/process-overview-programs/

**Hours:** Intake for new clients at 7 a.m., M - Th.

**Overview:** Ascencia provides a range of housing and programs to assist people out of

homelessness. It all starts with our Access Center – the first stop for getting help in Glendale, Burbank and Northeast Los Angeles (Eagle Rock, Atwater Village,

Glassell Park, etc.)..

Name: Children of the Night, Inc.

Address: 3450 W. Cahuenga Blvd., #602 Los Angeles, CA 90068

**Hotline 24/7** 800-551-1300

**Phone:** 818-908-4474 (Admin.)

Fax/Email: 818-908-1468 Email: lois@childrenofthenight.org

Website: https://www.childrenofthenight.org/programs

**Hours:** Daily: 24/7

**Overview**: Children of the Night Case Managers assist young American sex trafficking

victims with 24-hour services 7 days a week. Whether they need rescue from

pimps, access to medical services, emergency & non-emergency

transportation, mental health services, psychiatric evaluations or access to

psychotropic medications.

**REVISED AUGUST 2020** 

Name: Family Promise of the Verdugos Address: P.O. Box 1307; Burbank, CA 91507

**Phone:** 818-847-1547- Intake & 818-562-7778 Admin.

**Fax/Email:** 818-847-1548 E: <u>casemanagement@familypromiseverdugos.org</u>

Website: <a href="http://familypromiseverdugos.org/?page\_id=29">http://familypromiseverdugos.org/?page\_id=29</a>

**Hours:** Daily 9 am - 4 pm

Overview: Family Promise of the Verdugos is an organization that seeks to help

homeless families in Burbank, Glendale, North Hollywood, Pasadena, La Crescenta, and Eagle Rock, and families from all over Los Angeles County. This agency utilizes a network of churches to temporarily house families. Contact the director by email and then have the family contact him by phone to make a referral. Situationally homeless families only, no chronic homelessness. Must have no felonies, pass a drug test, be able to work, and

be legal residents. Men and adult children are accepted.

Name: Hope Gardens

Address: 12249 Lopez Canyon Rd.; Sylmar, CA 91342

**Phone:** 213-347-6300

Fax/Email: <a href="mailto:thewayhome@urm.org">thewayhome@urm.org</a>

Website: <a href="https://urm.org/services/hope-gardens/">https://urm.org/services/hope-gardens/</a>

**Hours:** Office: 9 am - 6 pm

**Overview:** Hope Gardens helps women transition from homelessness to independence

within 12 to 16 months by offering long-term rehabilitation programs, services and spiritual care. Families must be referred by Union Rescue

Mission's Case Manager.

Name: Hope of the Valley Rescue Mission - Van Nuvs The HELP Center

**Address:** 6425 Tyrone Ave.; Van Nuys, CA. 91401

**Phone:** The Navigation Center

Emergency 11839 Sherman Way, North Hollywood, CA 91605

Center (818) 301-7988

Offers showers, storage, restrooms and case management from 8:30 am to

3:30 pm

818-392-0020 Admin. 8181-834-6759 Intake 818-257-8521 For adults over 18 years of age

Pacoima, CA

Hope of Valley Rescue Mission - The Navigation Center

Offers showers, storage, restrooms and case management from 8:30 am to

3:30 pm

**Phone:** 818-301-7988

Fax/Email: ken.craft@thevalleyrescuemission.org OR info@hopeofthevalley.org

**Director:** Ken Craft

Website:

Overview Due to Covid-19 restrictions, The HELP Center is closed until further

notice but the The Navigation Center in North Hollywood is open.

The HELP Center is an access center in Van Nuys for homeless individuals needing showers, clean clothes, a hot meal, job assistance, help accessing public benefits, and referrals to medical and mental health care and substance abuse recovery programming. Clients have access to a computer lab, mail service, and cell phone charging stations. Because we know how important animal companions are to our clients, the HELP Center is a pet friendly site. Case managers help clients identify goals that they can accomplish in a short time period to improve their current circumstances.

Name: Hope of the Valley

Address: 11076 Norris Street; Pacoima, CA 91331

Phone: 818-392-0020-Admin. Fax/Email: tinfo@hopeofthevalley.org

Website: <a href="https://www.hopeofthevalley.org/our-programs/family-shelter-programs/">https://www.hopeofthevalley.org/our-programs/family-shelter-programs/</a>

**Hours:** Office: 9 am - 6 pm

**Overview:** Hope of the Valley operates several Family shelters (Casa de Vida,

Shepherd's House, Genesis House). And, has access to Cold weather

shelters, and "safe parking" program.

Name: San Fernando Valley Rescue Mission Address: 8756 Canby Avenue; Northridge, CA 91325

**Phone:** Shelter Intake: 818-960-0404 & Admin. 818-785-4476

**Fax/Email"** sfyrminfo@erescuemission.org

Website: https://sfvrescuemission.org/home-again/

**Hours:** 8:30 am - pm 4:30 Office – Intake Hours M-F 8:30 am – 5:00 pm **Overview:** The San Fernando Valley Rescue Mission offers Family Shelter

The San Fernando Valley Rescue Mission offers Family Shelter program in a collaborative effort with San Fernando Valley area churches in response to the critical unmet need for a year round

emergency shelter. The program has been designed to provide homeless men, women, children and families an opportunity, not only to obtain food, shelter, and basic life necessities, but also provides a foundation for individual and family restoration by developing a personalized plan based on their needs for achieving personal growth, employment, and

housing. Intakes by appointment only.

### Unaccompanied Youth Shelters & Drop-in Center

Name: The Village Family Services – Drop-In-Center

**Address:** 6801 Coldwater Cyn Suite 1E North Hollywood, CA 91605

(Entrance at the back of the building)

**Phone:** 818-755-8786

**Fax/Email:** asoria@thevillagefs.org

Website: https://www.thevillagefs.org/dropin-center

**Hours:** Drop In Center M-F 9:30 am- 3:30 pm; Sat. 9 am-3 pm; Sun. 9 am-3 pm

By appointment M-F 3:30 pm - 5:30 pm

**Overview:** The Village Family Services is committed in Empowering at-risk, foster,

LGBTQ and homeless youth ages 14-25. Offers Drop in Center support, as well as is the main entry point for TAY youth to receive homeless services in SPA 2. Street Outreach team available M - F 10 am - 9 pm by calling

818-392-4538

Name: Youth Emerging Stronger (YES)- Taft House-Shelter & Support for

Youth

**Address:** 1680 N. Vine St.; Los Angeles, CA 90028 – Taft House – 1857 Taft Ave.

Los Angeles, CA 90028

Hotline: 24/7 Homeless youth (12-17 Yrs.): 323-240-2253 & (18-21 Yrs.) 323-962-0430

**Phone:** 323-957-7757 **Fax:** 323-488-6400

**Website:** www.youthemergingstronger.org

**Hours:** Intakes 24 hours.

**Overview**: YES is here for youth of ALL races, ethnicities, genders and religions. We

affirm and welcome LGBTQ youth and any youth with a history of sexual

exploitation.

### Resources for Homeless Veterans & Family Members

Name: New Directions for Veterans

**Address:** 11303 Wilshire Blvd. VA Bldg. 116

Los Angeles, CA 90073-1003

 Phone:
 310-914-4045

 Fax:
 310-914-5495

 Website:
 https://ndvets.org

 Hours:
 24 hours 7days

**Overview:** New Directions' newest program offers outpatient services and support as well as

transitional housing to veterans of Operation Enduring Freedom and Operation Iraqi Freedom (OEF/OIF). Services include Veteran Benefits Advocacy, Family Reunification Support, Separation/Transition Assistance, Help with Legal Issues,

Counseling and Therapy, Substance Abuse Management, Mental Health

Support.

Name: Housing Resources for Veterans- Los Angeles County Resource Center

**Phone:** 877-428-8844 **Fax:** 866-265-7811

Website: http://housing.lacounty.gov/Veterans.html

**Hours:** Check website for site hours

**Overview:** The Los Angeles County Housing Resource Center website strives to bring new

information and tools for assisting homeless veterans and their families find

affordable housing throughout Los Angeles County.

Name: U.S. Vets - Patriotic Hall

**Address:** 1816 S. Figueroa St. **Phone:** 213-223-8366

**Website:** https://www.usvetsinc.org/patriotichall/

**Hours:** M-F 8 am - 4 pm

**Overview:** To facilitate successful transition of military veterans and their families through

the provision of housing, counseling, career development and comprehensive

support.

# Food Pantries, Clothing Resources & Laundry Services

Name: Elizah Shank's Home, Inc.

Address: 13055 Weidner St. Pacoima, CA 91331

**Phone:** 818-896-9304 main 818-335-1233 cell (Call for an appointment for food

pick up)

**Fax/Email:** n/a Website: n/a

**Hours:** Food giveaway last Friday of each month at 12:00 noon

Admin. M - F; 9 am - 5 pm

Overview: Due to Covid-19 restrictions, clothing distribution is canceled.

The agency provides emergency food and clothing for people in Los Angeles

County. There are no geographic restrictions

Name: Family Rescue Center

**Address:** 22103 Vanowen St; Canoga Park, Ca 91303.

**Phone:** 818-884-7587

**Fax/Email:** n/a

**Website:** https://www.rescatefamilycenter.org/services

**Hours:** M - F; 9 am - 1 pm

**Overview:** We serve individuals and families in need in the West Valley by providing

food, clothing, medical and vocational training assistance, as well as referrals as needed. Our ultimate goal is to sustain people in desperate circumstances,

empowering them to achieve personal and financial independence

Name: Guadalupe Community Center

Address: 21600 Hart Street; Canoga Park, CA 91303

**Phone:** 213-251-3549- Sandra Yanez

**Fax/Email:** n/a **Website:** n/a

Hours: • Food Pantry is open from Monday to Friday 9 am to 12 pm

• Thrift Store is open from Monday to Friday 9 am to 1 pm

• Tutoring is available from Monday to Friday 3 pm to 5 pm

• ESL Class is available Monday to Friday 8:30 am to 12:45 pm

(Remotely through West Valley Vocational Center)

**Overview:** Food pantry services requires clients to present a form of identification and

verification of place of residence are required.

Name: Holy Rosary Church

**Address:** 7800 Vineland Ave.; Sun Valley, CA 91352

**Phone:** 818-765-3350 & 818-982-2372

**Fax/Email:** n/a **Website**: n/a

**Hours:** Food distribution: Tue & Fri 9 am -11 am

**Overview:** The agency provides emergency food for people in need. Individuals must

reside within the Sun Valley or North Hollywood area. A form of

identification is required.

Name: Loaves & Fishes II

**Address:** 7309 Van Nuys Blvd; Van Nuys, CA 91405

**Phone:** 818-997-0943

Fax/Email: n/a Website n/a

**Hours:** Office: M and W, 10:00 am - 12:30 pm

**Overview:** This program provides emergency food for homeless individuals and

families in need. Families are encouraged to come once a week if

needed.

Name: Lutheran Social Services of Southern California - San Fernando

Valley @ Iglesia San Pablo Church

**Address:** 7400 Tujunga Ave.; North Hollywood, Ca 91605

**Phone:** 818-901-9480

**Fax/Email:** 818-901-9482 Email: sfvinfo@LSSSC.org

**Website:** <a href="https://www.lsssc.org/what-we-do/emergency-services/">https://www.lsssc.org/what-we-do/emergency-services/</a> **Hours:** Office: M – Th 10:30 am -1:30 pm, Fri 9 am – 12 pm

**Pantry**: M, T and F from 10:00 12:30

Clothing Closet: Closed

Overview: Due to Covid-19 restrictions, The Clothing Closet has been closed.

Offers housing referrals. Food pantry is available for families in need in the San Fernando Valley. Please wear gloves and a mask, and bring your

own bags and a form of Identification

Name: Meet Each Need with Dignity (MEND)

Address: 10641 San Fernando Road; Pacoima, CA 91331

**Phone:** 818-896-0246 **Fax/Email:** 818-897-0128

**Website:** <a href="https://mendpoverty.org/programs/emergency-food-bank">https://mendpoverty.org/programs/emergency-food-bank</a> **Hours:** Food distribution: Tue: 9 am - 11 am and Fri; 8 am - 11 am

Registration hours: Tue 9 am -11 am

Overview: Reduced services due to Covid-19

Providing emergency food services once every 30 days per household. Food is distributed \*only for individuals in a more emergency situation. \*ID per adult and child, proof of current address (NE San Fernando

Valley), and proof of income required for registration. No apt needed, first come, first serve. Families should bring their own shopping bags and/or

boxes.

Name: New Friends Homeless Center

Address: 17114 Ventura Blvd.; Encino, CA 91316 &

5650 Shoup Ave. Woodland Hills, Ca

**Phone:** 818-887-1109

**Fax/Email:** n/a

Website: <a href="http://www.newfriendshomelesscenter.org/">http://www.newfriendshomelesscenter.org/</a>

**Hours** Tue 6:30 pm -8 pm & Sun 2:30 pm - 4 pm at St. Nicholas Episcopal

Church 17114 Ventura Blvd.; Encino, CA 91316

Fri 6:30 pm -8 pm at United Methodist Church -5650 Shoup Ave.;

Woodland Hills, CA 91367

**Overview:** Hot meals are served Tuesday, Friday and Sunday night at various

locations. After dinner a distribution of hygiene kits, blankets, and clothes

are available

Name: North Hollywood Interfaith Food Pantry Address: 4390 Colfax Ave.; Studio City, CA 91604

**Phone:** (818) 760-3575

**Fax/Email:** nohollywoodinterfaithpantry@gmail.com

Website: <a href="https://nhifp.org/">https://nhifp.org/</a>

**Hours:** Mondays & Fridays 7:30 am to 11 am (entrance at the rear of First

Christian Church on Troost Ave.) Drive Up or Walk Up

**Overview:** Emergency food primarily for people who live in North Hollywood,

Studio City, Sun Valley and surrounding areas. No ID required.

Name: North Valley Caring Services, Inc. Address: 15435 Rayen St.; North Hills, CA 91343

**Phone:** 818-891-0481

Fax/Email: <a href="mailto:guevaraobed@yahoo.com">guevaraobed@yahoo.com</a>
Website: <a href="https://www.nvcsinc.org/food-pantry">https://www.nvcsinc.org/food-pantry</a>

**Hours:** Food distribution: Fridays 10 am - 12 pm

Site is open M - F 8 am - 4 pm

**Overview:** Emergency food for people who live in North Hills, Service includes

groceries and a hot breakfast program.

Name: Our Redeemer Lutheran – Human Care Ministry

Address: 20025 Chase Street; Canoga Park, CA 91306

**Phone:** 818-341-1629

**Fax/Email:** pantry@our-redeemer.org

Website: <a href="https://www.our-redeemer.org/human-care">https://www.our-redeemer.org/human-care</a>

Hours: During the Covid -19 crisis it is only open on Thursdays at 12:00 pm Overview: Grab and Go lunch and a bag of groceries. The following areas are

currently being served by the ministry, zip codes: 91303, 91304. 91306, 91307, 91311, 91324, 91325, 91326, 91335, 91344, 91356, 91364,

91367

Name: Valley Food Bank

**Address:** 12701 Van Nuys Blvd. Suite A; Pacoima, CA 91331

**Phone:** 818-510-4140

Fax/Email: whernandez@valleyfoodbank.org

Website: https://valleyfoodbank.org/food-pantry-locations/

**Hours:** Check website for locations and hours

Overview: Valley Food Bank has multiple emergency food distribution located

throughout the San Fernando Valley for pick up on. There are no geographic restrictions. Open to the public, no ID required.

Name: San Fernando Valley Corps

**Address:** 14917 Victory Blvd. Van Nuys, CA 91411

**Phone:** 818-781-5739

**Fax/Email:** Email: <u>Juan.argumedo@usw.salvationarmy.org</u> **Website:** https://sanfernandovalley.salvationarmy.org/

**Hours:** Admin.: M - F; 9 am - 4 pm (closed for lunch 12-1 pm)

Food distribution: M, W from 9 am -12 pm and Fridays from 1 pm to

4 pm. For pick up 1 800 958-7825

**Overview:** This agency provides emergency food, fresh produce, holiday assistance,

music and art programs, and seasonal programs for residents of San Fernando Valley zip codes 91401, 91402, 91403, 91405, 91406, 91411,

91423 and 91436.

Name: Saint Ferdinand Outreach Center

**Address:** 1040 Coronel Street: San Fernando, CA 91340

**Phone:** 818-365-3194 **Fax/Email:** 818-365-0067

Website <a href="http://stferdinandchurch.org/ministries/outreach-center">http://stferdinandchurch.org/ministries/outreach-center</a>

**Hours:** Food distribution on the 2<sup>nd</sup> & 4<sup>th</sup> Friday of the month by 8 am. Bring your

own bags/basket.

**Overview:** Services available for the San Fernando community. It includes

emergency food and fresh produce. Proof of address is required.

Individuals seeking food distribution must arrive early.

Name: Sova Community Food & Resource Program - Valley

**Address:** 16439 Vanowen St.; Van Nuys, CA 91406 **Phone:** 818-988-7682 Social Worker (877) 275-4537

Fax/Email: communications@jfsla.org

Website: <a href="https://www.jfsla.org/page.aspx?pid=300">https://www.jfsla.org/page.aspx?pid=300</a>

**Hours:** Every other Sun 9 am - 12 pm; M- Thu 10 am - 1: 30 pm

**Overview:** New clients please arrive by the time the pantry first opens in the morning

in order to register and receive the complete program orientation. We request official photo identification of first-time participants as well as identification for all additional dependent family members showing that all are living at the same address. Clients may visit the SOVA pantry once in each calendar month and receive groceries for all eligible dependent family members. Grocery orders are sized according to the number of family members. If you are homeless or do not have refrigeration and/or cooking facilities, you may visit twice each month. Please inform us of special dietary requirements so that your order can be packed

appropriately (example: no meat, no pork, low salt, low sugar, Kosher,

etc.).

Name: St. Charles Borromeo Service Center

Address: 10834 Moorpark St.; North Hollywood, CA 91604

**Phone:** 818-985-7365

**Fax/Email:** n/a

Website: <a href="http://www.scbnh.com/center.htm">http://www.scbnh.com/center.htm</a>

**Hours:** Food pantry: Tue–Th.; Sat 9 am 11:45 pm & Sun 9 am – 1 pm

Hot showers & Haircuts: Th. 8:30 – 11:30 am &

Hot Breakfast: Thu 9 am – 11 am

**Overview:** The Center provides free food, clothing, toiletries, books, toys, furniture,

and other household items. Pregnant women are provided layettes and other available infant care items. Clients must provide identification for themselves and their children and proof of address within the service area of Laurel Canyon on the west, Oxnard Boulevard on the north, Hollywood Way on the east, and Mulholland Drive on the south. This area includes

many pockets of low-income housing and parks with homeless

populations.

Name: St. Didacus Church Parish –Food Ministry

Address: 14337 Astoria St.; Sylmar, CA 91342

Phone: 818-367-6181 (office closed due to Covid-19) Leave message.

**Fax/Email:** n/a

Website: <a href="https://www.stdidacus.org/97">https://www.stdidacus.org/97</a>

**Hours:** 2<sup>nd</sup> and 4<sup>th</sup> Friday of the Month from 9:30 am - 10:30 am.

**REVISED AUGUST 2020** 

**Overview:** We serve families and single individuals living in the Northeast San Fernando

Valley, regardless of religion, immigration or economic status. Our clients also include senior citizens on a limited income and the homeless. We currently

assist over 100 families twice a month.

Name: Tujunga United Methodist Church – Food Pantry Address: 9901 Tujunga Canyon Blvd. Tujunga, CA 91402

**Phone:** 818-352-1481

Fax/Email: <a href="mailto:tumcoffice@gmail.com">tumcoffice@gmail.com</a>
Website: <a href="mailto:https://www.tumc.net/services">https://www.tumc.net/services</a>

Hours: Admin. – Currently closed due to the Covid-19

Pantry opened for Drive Up and Walk Up Services

Wednesdays from 11:00 am to 1:00pm Must wear a mask

**Overview:** We provide emergency (2-3 days) food to low-income individuals and

families. We provide bread, canned goods, protein and other foods. Our selection varies depending on our donations received. If you do not have the means to cook, your food please let us know and we can accommodate you. If this is your first time coming, we ask that you bring identification

for the person picking up for your household.

Name: West Valley Food Pantry

**Address:** 5700 Rudnik Ave.; Woodland Hills, CA 91367

**Phone:** 818-346-5554

**Fax/Email:** 818-346-3349 Email: admin@westvalleyfoodpantry.org

Website: https://www.westvalleyfoodpantry.org/

**Hours** M - Th.; 9:30 am - 2:00 pm; & Fridays 9:30 am 12 pm

Drive Up Only.

**Overview:** This agency provides emergency food, personal hygiene items and volunteer

opportunities for people who live in the West San Fernando Valley. Services are provided. Service is restricted to residents of zip codes 90290, 91301,

91302, 91303, 91304, 91306, 91307, 91311, 91324, 91335, 91356, 91364,91367 and 91371. Must bring ID and current mailing address

(exception for homeless)

### Clothing

Name: Operation School Bell (OSB) K-5

**Address:** 826 Cole Avenue; Los Angeles, CA 90038

**Phone:** 323-469-6017

Email: <u>kielfitzgerald@yahoo.com</u>
Website: <u>www.operationschoolbell.org</u>

**Hours:** By appointment only

Overview: During COVID 19 crisis only 1 person is allowed to pick up clothing-

appointment required. Operation School Bell ("OSB") a service of the Assistance League® of Los Angeles provides with new school clothes and supplies to elementary-age school children in LA Unified School District (LAUSD). School Personnel must sign up for appointment and bring students to the Cole Site for service. Parents are not allowed in the

facility.

Name: Volunteer League of the San Fernando Valley - Clothes Corner

Address: 14603 Hamlin Street

Van Nuys, CA 91411

**Phone:** 818-785-4134 (Main)

Website: <a href="http://www.volunteerleague.com">http://www.volunteerleague.com</a>

**Hours:** Tuesdays, Wednesdays and Thursdays starting at 9:45 am. Must make

appointment

**Overview:** The agency provides school uniform clothing, backpacks, and hygiene

kits to homeless and needy children attending elementary and middle schools within the Los Angeles Unified School District. Clothing for adults is available as donations permit. Appointments are necessary,

must be referred by school staff. Scan referral forms to:

centreclothescorner@gmail.com

Name: Tujunga United Methodist Church – Clothes Closet –

**Address:** 9901 Tujunga Canyon Blvd. Tujunga, CA 91402

**Phone:** 818-352-1481

Fax/Email: <u>tumcoffice@gmail.com</u>

Website: https://www.tumc.net/services

**Hours:** Fri  $11 \text{ am} - 12:30 \text{ pm} \& 2^{\text{nd}}/4^{\text{th}}$  Saturday of the month 10 am - 11:30 am **Overview:** Due to Covid-19 restrictions, Clothes Closet is closed until further notice.

Our clothes closet provides clothing for people of all ages. We receive all different kinds of clothing as donations. Service provided on a first come

first serve basis. Once your number is called you may browse our selection.

Name: Lutheran Social Services of Southern California - San Fernando

Valley

**Address:** 7400 Tujunga Ave.; North Hollywood, Ca 91605

**Phone:** 818-901-9480

**Fax/Email:** 818-901-9482 Email: sfvinfo@LSSSC.org

Website: <a href="https://www.lsssc.org/what-we-do/emergency-services/">https://www.lsssc.org/what-we-do/emergency-services/</a>
Hours: Office:  $M - Th \ 10:30 \ am - 1:30 pm$ , Fri 9 am  $- 12 \ pm$ 

Overview: Due to Covid-19 restrictions, The Clothing Closet is closed until further

notice.

Providing services to families in need in the San Fernando Valley. Families can access the clothing closet. Please bring a form of

Identification.

## Laundry Services

**Name:** Laundry Love

**Address:** Site locations: Check the website for specific locations in the area

Website: https://laundrylove.org/

**Hours:** Site Hours: Check the website for specific locations in the area

https://laundrylove.org/locations/

Overview: (Due to Covid-19 Pandemic, the Laundry Love map may not be updated with

correct dates and times. Please contact the Laundry Love location facilitator to

confirm.)

Laundry Love partners with local Laundromats in cleaning clothes and linens of low-income or no-income families and individuals (experiencing homeless or

not). During select days and times, laundry is free. Just bring your

clothes. Quarters, soap, and dryer sheets are provided. There are no income

requirements, everyone is welcome.

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### Homeless Prevention & Tenant Rights Programs

#### Services available for all local districts.

Name: Bet Tzedek

**Address:** 3250 Wilshire Blvd. 13th Floor

Los Angeles, Ca 90010

**Phone:** 323-939-0506

818-769-0136 (Valley)

Website: www.bettzedek.org

Overview: Bet Tzedek is taking steps to protect the safety of their staff and clients given the

current COVID-19 pandemic. If you need help with a legal issue or case, please do not visit their office; instead, call the intake line at 323-939-0506 or email

intake@bettzedek.org

Provides **FREE**, expert legal advice and representation to low-income residents of Los Angeles County. Legal Service Priorities include; Elder Law, Housing, Holocaust Survivors' Services, Community Outreach, Government Benefits and

Guardianships and Conservatorships rights.

Name: Eviction Defense Network Address: 1930 Wilshire Blvd. #208

Los Angeles, Ca 90057

**Phone:** 213-385-8112 Intake 323 939 0506

Website: www.edn.la/

**Hours:** Monday through Friday 9am to 12pm

**Overview:** Provides FREE consultations\* on a first-come, first-served walk-in basis.

We recommend arriving as early as possible to ensure that you are seen on the same day you visit us. Please note that we do not make appointments for first-time clients who are seeking free consultations and we cannot provide legal

advice over the phone or at the front desk.

Name: Fair Housing Council – San Fernando Valley

Address: 14621 Titus St. Suite #100

Panorama City, Ca 91402

**Phone:** 818-373-1185

Website: www.fhcsfv.com/home.html

**Hours:** By appointment only, M - F 8:30 am - 5:30 pm.

**Overview:** Investigates housing/lending discrimination, fair housing education and outreach,

tenant and landlord counseling, policy advocacy, and foreclosure prevention.

\*By appointment only

Name: Neighborhood Legal Services of Los Angeles County

**Address:** 13327 Van Nuys Blvd.

Pacoima, CA 91331

**Phone:** 800-433-6251 & 818-834-7591 Health Help Line 800 896-3202

Website: www.nls-la.org

**Hours:** Monday – Friday 9 am to 5 pm

Overview: Due to Covid-19 restrictions, their program offices will be open for business but

closed to the public. If you or someone you know is in need of legal help, please call the General Help Line 800 433-6251 and our Health Help Line 800 896-3202 call the following numbers from Monday through Friday between 9:00

a.m. and 5:00 p.m.

Housing advocacy, domestic violence services, health services, immigration services, legal services and volunteer opportunities for low-income residents in Los Angeles County who have incomes up to 200% of the federal poverty guidelines. \*Geographic restrictions apply for some services.

Name: Public Counsel Law Center

Homeless Prevention/Children's Rights/Immigration/Social Service

Assistance/Referrals

**Address:** 610 South Ardmore Ave.

Los Angeles, CA 90005

**Phone:** 213-385-2977 & 800-870-8090

**Fax:** 213-385-9089

Website: www.publiccounsel.org

**Hours:** Appointments Only - M - F; 9 am -12 pm & 1:30 pm - 5:15 pm.

Overview: Public Counsel's Homelessness Prevention Law Project (HPLP) serves

individuals that are at high risk of becoming chronically homeless. HPLP providing pro bono representation before administrative agencies to over to homeless individuals and families to secure food, shelter, clothing, and other vital benefits. Services: CARES: Emergency Food and Shelter Advocacy. Social security and medical benefits advocacy, eviction defense, policy and

impact litigation. \*Clients seen by appointment only-no walk-ins.

## Web resources

If you believe you have been discriminated against in any housing or community development program, you may file a complaint with Federal Housing Equal Opportunity:

https://www.hud.gov/program\_offices/fair\_housing\_equal\_opp/online-complaint

For information related to a variation on the section 8 housing, Project-Based Voucher Program:

https://www.hud.gov/program offices/fair housing equal opp/online-complaint

To learn more about steps that renters can take to protect their security deposit after they've paid it, check out Nolo's article:

https://www.nolo.com/legal-encyclopedia/protect-security-deposit-move-in-30231.html

To learn more about renters' rights and landlords' obligations when it comes to the return of the security deposit:

https://www.nolo.com/legal-encyclopedia/chart-cleaning-repairs-landlord-deduct-29017.html

For information on affordable housing, visit the Los Angeles Housing and Community Investment Department:

https://hcidla.lacity.org/affordable-housing

For Information on Retaliatory Eviction

https://realestate.findlaw.com/landlord-tenant-law/defenses-to-eviction.html

For information on the Department of Consumer Affairs-- A Guide to Residential Tenants' And Landlords' Rights And Responsibilities

http://www.lapublichealth.org/eh/docs/housing/brochure/tenright.pdf

For information on situations that can lead to evictions visit:

https://hcidla.lacity.org/Eviction-Situations-and-Behaviors-Renters

For more information on the legal reasons for eviction:

https://hcidla.lacity.org/sites/default/files/documents/legal reasons for eviction english 0.pdf

The website for filing a complaint if you are being evicted:

https://hcidla.lacity.org/File-a-RSO-Complaint

# Mental Health Services

Name: **School Mental Health Crisis Counseling and Intervention Services** 

(SMH-CCIS)

Phone: 213-241-3841 M – F; 8 am - 4:30 pm

After hours: 213-625-6631 Los Angeles School Police Department

https://achieve.lausd.net/Page/16619#spn-content Website:

**Overview:** Implemented in 1986, suicide prevention services in LAUSD are comprised of

> prevention, intervention and post intervention components. BUL-2637.2 Suicide Prevention, Intervention and Post intervention outlines administrative procedures for intervening with suicidal and self-injurious students and offer guidelines to school site crisis teams in the aftermath of a student death by

suicide, for support and consultation.

School Mental Health—North Hills Wellness Center Name:

James Monroe High School - OPEN

Address: 9119 Haskell Ave.; North Hills, CA 91343

818-739-5900 Phone: Website: smh.lausd.net Hours:

M - F; 8 am - 5 pm

Due to Covid-19 restrictions, most services are provided remotely Overview:

School Mental Health provides prevention, early intervention, and intensive mental health treatment to LAUSD students and families. Clinicians and interns in this program provide individual, family, and group therapy, parenting classes, and classroom-based prevention programs at Clinic and Wellness Centers and their feeder schools. Referrals by school personnel and/or students may self-refer. .

Name: The Help Group

Address: 6455 Coldwater Canyon; Valley Glen, CA 91401 **Phone:** 877-994-3588 & 818-267-2753 intakes for the SFV

Fax/Email: 818-779-5295

Website: https://www.thehelpgroup.org/

Hours: M- F; 9 am - 6 pm

**Overview:** The Help Group provides comprehensive services for children, adolescents and

> young adults with special needs related to autism spectrum disorder, learning disabilities, ADHD, developmental delays, abuse and emotional challenges.

Name: **Child & Family Guidance Center** 

9650 Zelzah Ave.; Northridge, CA 91325 Address:

**Phone:** 818-993-9311 & 818-739-5250

**Fax/Email:** 818-993-8206 email: <u>info@childguidance.org</u>

Website: <a href="https://www.childguidance.org/services/">https://www.childguidance.org/services/</a>

**Hours:** office: 8 am - 6 pm

Due to the Covid-19 Pandemic, Clinical Services and support for Outpatient and Intensive Family Services are available by calling 818-267-2753 or 310-

**751-1176** 

**Overview:** The CFGC serves children and youth living in the San Fernando and

Antelope Valleys, primarily living in at-risk neighborhoods. Most of our clients are from low income families with children that have significant

emotional problems requiring comprehensive mental health interventions. It is our mission to empower children and families to achieve health and wellbeing through innovative mental health services and community programs.

Name: Hathaway Sycamores

Address: 12450 Van Nuys Blvd., Suite 100; Pacoima, CA 91331 &

12510 Van Nuys Blvd., Suite 201; Pacoima, CA 91331

**Phone:** 844- 222-2377 Access hotline, 818- 896-8366 and 818-896-2255

**Fax/Email:** Email: referral@hscfs.org

Website: <a href="https://www.hathaway-sycamores.org/">https://www.hathaway-sycamores.org/</a>

**Hours:** M - F; 8 am -6 pm

**Overview:** Hathaway-Sycamores Child and Family Services provides comprehensive

continuum of mental health services to children and families including: residential-treatment center for youth ages 6 through 18; school-based and outpatient-mental-health services; wraparound and in-home counseling services; transitional-living program for teens and young adults; family

resource center; and grief and loss center for children.

Name: San Fernando Community Mental Health Center, Inc. Address: 16360 Roscoe Blvd. 2<sup>nd</sup> Floor; Van Nuys, CA 91406 844-256-0735 anti-school bullying advocacy line

**Phone:** Office: 818-901-4830 | Children's intake service line: (818) 574-7745

**Fax/Email:** 818-373-4830 | Email: info@sfvchc.org

Website: <a href="https://www.movinglivesforward.org/programs-services/">https://www.movinglivesforward.org/programs-services/</a>

**Hours:** office: 8 am - 5 pm

**Overview:** San Fernando Valley Community is dedicated in improving individuals and

families well-being in the San Fernando Valley. We offer a wide array of mental health services; including anti-school-bullying advocacy services, and

adult full service partnerships.

Name: Tarzana Treatment Center

Address: 7101 Baird Ave.; Reseda, CA 91335 Hotline 24/7: 888-777-8565 for drug/alcohol intakes

**Phone:** 818-342-5897 **Fax/Email:** 818-345-6256

Website: https://www.tarzanatc.org/services/

**Hours:** Open daily 24 hours

**Overview:** Patients receive a comprehensive assessment followed by a customized

intensive treatment plan that centers on crisis stabilization, alcohol or drug detox, short-term therapeutic interventions, specific recovery goals and discharge planning for the next level of care. Family Medical Care is

integrated into this spectrum of services.

Name: Valley Coordinated Children's Services – DMH Address: 19231 Victory Blvd. Ste. 110; Reseda, CA 91335

**Helpline 24/7:** 800-854-771 (ACCESS Center)

**Phone:** 818-708-4500

Fax/Email: n/a

Website https://locator.lacounty.gov/dmh/Location/3181132/valley-coordinated-childrens-

services

**Hours:** M - F 8 am - 5 pm

**Overview:** Provides intensive psychiatric evaluation and medication support, crisis

intervention, short-term stabilization, telephone triage, psychiatric

hospitalization, and intensive case management for ages 1-17. Appointments

preferred & walk-ins welcome.

#### **Domestic Violence Services**

Name: San Fernando Victim Services

**Address:** 900 Third Street, 3rd Floor; San Fernando, CA 91340

Phone: 818-898-2406 | 818-898-2511

Fax/Email: info@da.lacounty.gov
http://da.co.la.ca.us/victims

**Hours:** 8 am - 4:30 pm

**Overview:** Representatives from the Los Angeles County District Attorney's Bureau of

Victim Services provides assistance to victims of crime. These include crisis intervention; emergency assistance; counseling referrals; court escort and orientation; restitution assistance; returning of property; assistance with

employers; and case status notification.

Name: Center for the Pacific Asian Family, Inc. –SFV Satellite Office.

Address: 6851 Lennox Ave.; Ste. 400; Van Nuys, CA 91405

**Phone:** 800-339-3940 (24 Hrs. | 7 Days a week)

Email: Info@pacsla.org

Website:  $\frac{\text{www.nurturingchange.org}}{\text{office M - F; 9 am - 6 pm}}$ 

Overview: Community Services (counseling, support groups, meetings, trainings, and

events) have gone virtual or are suspended due to COVID-19

At Center for the Pacific Asian Family (CPAF), we help Asian and Pacific Islander (API) survivors of domestic violence and sexual assault and their families. Our services are free, confidential, and available in more than 30 Asian and Pacific Islander languages. The domestic violence hotline provides telephone crisis intervention for battered women and performs intake screening for the agency's shelter. The hotline also provides information, counseling, and support. Referrals are made for medical and legal services and other related services. The program also provides crime victim support in obtaining TRO's for battered women.

.

Name: Jewish Family Service of Los Angeles-Family Violence Project

Address: 12817 Victory Blvd.; North Hollywood, Ca 91606

**Hotline 24/7:** 323-681-2626 & 818-505-0900

**Fax/Email:** 818-789-7581

Website: https://www.jfsla.org/hope

**Hours:** 24/7

**Overview:** The project provides domestic violence services, shelter and welfare-to-

work support services for victims of domestic violence. Services include shelter for battered women and their children. There are no geographic

restrictions. Services available in English and Spanish.

Name: Angel Step Inn Domestic Violence Emergency Shelter Address: P.O. BOX 33306; Los Angeles, CA 90033(mailing address)

Phone:323-780-HELP (4357)Website:www.angelstepinn.orgHours:7 days / 24 hours per day.

**Overview:** 24-Hour Hotline: Trained staff and volunteers offer immediate crisis

counseling and support to victims of domestic abuse. Hotline services are available in both English and Spanish. Emergency short-term shelter and assistance locating long-term shelter for victims fleeing from intimate partner violence. Counseling: Individual counseling services are available to residents of the emergency shelter. Case Management: Angel Step Inn staff assists survivors with filing restraining orders, applying for financial assistance and WIC, and referrals to second step services for residents that remain or the 30-

days, and other services as needed.

Name: 1736 Family Crisis Center

**Address:** 2116 Arlington Ave., Ste. 200; Los Angeles, CA 90018 (mailing address)

**Phone:** Hotline: 213-745-6434 / 213-222-1237 (24 Hrs. | 7 Days a week)

**Website:** www.1736familycrisiscenter.org

**Hours:** Office: M.- F; 9 am 5 pm. Intake Phone: 323-737-3900

**Overview:** We have four domestic violence shelters located throughout the greater Los

Angeles area (locations are confidential to protect participants and staff). These are open to domestic violence victims with or without their children. The innovative structure of this program provides emergency shelter and up to two years of transitional shelter, free of charge, all under the same roof. This model provides stability and encourages a faster recovery toward self-sufficiency. It is excellent for the families, as it gives them a stable safe environment and school-

age children can continue in the same school for several years.

Name: YWCA Battered Women's Shelter – Sunrise Village

**Address:** 735 E Lexington Drive; Glendale, CA 901206

**Phone:** hotline: 888-999-7511 (24 Hrs. | 7 Days a week) Phone: 818-242-4155

**Website:** <u>www.glendaleywca.org</u> **Hours:** office M –F; 9 am - 5 pm

**Overview:** Sunrise Village Emergency Shelter provides a temporary community living

environment for women and their children whose safety is in immediate risk. Services offered include case management, crisis intervention and counseling services. Domestic Violence Services Center offers case management, legal assistance, counseling, resources, referrals and childcare to survivors and their children. All services provided at no cost to the client and are available in

English, Spanish and Armenian.

Name: Haven Hills, Inc.

Address: Canoga Park, CA 91305

Helpline 24/7: 818-887-6589 Fax/Email: 818 887-7481 Hours: Daily 24 hours

Website: https://havenhills.org/en/

**Overview:** Haven Hills provides safety, shelter, and support to all survivors of

domestic violence while working to break the cycle of abuse. We save lives, inspire change, and transform victims to empowered survivors.

Name: Safe Passage -- Time2Heal

Address: PO Box 40034; Studio City, 91614

**Helpline 24/7:** 800-799-SAFE (7233)

**Office:** 818-232-7476

**Fax/Email"** contact@time2heal.org **Hours:** office 10 am - 5 pm

Website: https://safepassageheals.org/

Our mission is to break the cycle of domestic abuse by healing and empowering women and their children, enabling them to live new, safe and productive lives. Stepping Stones to a New Life" program provides: counseling, health assessment, nutrition classes, physical/dental checkups, reconstructive facial Surgeries, self-defense, job

training/search, transportation expenses provided, financial and public speaking workshops, children counseling, mentors, make-up, skin care workshops, housing assistance including provision of house furniture,

supplies and moving expenses.

# Medical/Dental/Vison Services

Name: El Provecto Del Barrio

**Phone:** 818-830-7033

**Locations:** 

**ARLETA Family Health Clinic** 

**Address:** 8902 Woodman Ave.; Arleta, CA 91331 **Hours:** M – F; 7:30 am -7 pm & Sat 8 am – 5 pm

**ARLETA – Dental** 

Address: 8902 Woodman Ave.; Arleta, CA 91331

**Phone:** 818-221-4600 **Hours:** M – F; 8 am - 5 pm

**REVISED AUGUST 2020** 

PANORAMA CITY- Esperanza Clinic

Address: 9140 Van Nuys Blvd. Suite 202-207; Panorama City, CA 91402

**Phone:** 818-830-7181 & 818-892-8630

**Hours:**  $M - F = 8 \text{ am} - 5 \text{ pm} & 2^{nd} \text{ Saturday of the month } 8 \text{ am} - 4 \text{ pm}$ 

Mark Taper Center. For a Healthy Community--Winnetka

Address: 20800 Sherman Way; Winnetka, CA 91306

**Phone:** 818-883-2273

**Hours:** M - F = 7 am - 5 pm & Saturdays 8 am - 5 pm

Mark Taper Center. For a Healthy Community—Winnetka-Dental

**Address:** 20800 Sherman Way; Winnetka, CA 91306

**Phone:** 818-710-5229

**Hours:** M - F; 8 am - 5 pm **Website:** <u>http://www.elproyecto.us/</u>

Overview: Due to the Covid-19 crisis, most consultations are over the phone. Family

Health Clinics offer basic and specialized medical and dental services.

Name: Valley Community Clinic- North Hollywood Center

**Address:** 6801 Coldwater Canyon Ave.; North Hollywood, CA 91605

**Phone:** 818-763-8836

Fax/Email: n/a

**Website:** https://www.valleycommunityhealthcare.org/clinical-programs.

**Hours:** General Medicine:

M/W/F-8 am -5 pm

Tu & Th - 8 am - 9 pm & Sat 8 am - 12 pm Woman Health: M - F - 8 am - 5 pm.

Dental: M - F : 8 am -4 & Sat: 8:30 am -12 pm \*Tue open until 5:30 pm

Optometry: M - F - 8 am - 5 pm & Sat: 8 am - 2 pm.

Overview: Due to Covid-19, VCH providers now offer telephone visits

The mission of Valley Community Clinic is to enhance the well-being of the community by providing high quality, culturally sensitive primary medical care and related healthcare services to those in need, regardless of their ability to pay. VCC provides a comprehensive array of services that includes primary and some specialty care, dental, optometry, pediatrics, prenatal care, women's health, counseling and health education with an

emphasis on prevention

Name: Northeast Valley Health Corporation – a California Health + Ctr.

**Phone:** 818-270-9777: San Fernando Valley Appointments

**Locations:** 

CANOGA PARK HEALTH CENTER

Address: 87107 Remmet Ave.; Canoga Park, CA 91303

**Hours:** M - F; 8 am -5 pm **Phone:** 818-340-3570

PACOIMA HEALTH CTR.

Address: 12756 Van Nuys Blvd.; Pacoima, CA 91331

**Phone:** 818-896-0531

**Hours:** M, Th, F & Sat: 8 am - 5 pm Tue & Wed 8 am - 9 pm

PACOIMA WOMEN'S HEALTH CTR.

Address: 12759 Van Nuys Blvd.; Pacoima, CA 91331

**Phone:** 818-485-8250

**Hours:** M - F = 8 am - 5 pm Closed for lunch 12 pm - 1 pm

SAN FERNANDO HEALTH CTR.

Address: 1600 San Fernando Rd.; San Fernando, CA 91340

**Phone:** 818-356-8086

**Hours:** M - Sat 8 am - 9 pm

SUN VALLEY HEALTH CTR.

**Address:** 7223 N. Fair Ave.; Sun Valley, CA 91352

**Phone:** 818-432-4400

**Hours:** M, T, Th, F, Sat -8 am - 5 pm & Wed 8 am - 9 pm

VAN NUYS PEDIATRIC HEALTH CTR.

Address: 7138 Van Nuys Blvd.; Van Nuys, CA 91405

**Phone:** 818-778-6240 **Hours** M – F – 8 am 5 pm

TRANSITIONS TO WELLNESS (healthcare for the homeless)

**Address:** 6551 Van Nuys Blvd., 2<sup>nd</sup> Fl.; Van Nuys, CA 91401

**Phone:** 818-765-8656

**Hours:** M, T, F - 8 am - 12:30 pm & 1:30 pm - 5 pm

Wed 11 am - 3:30 pm & 4:30 pm - 8 pm Thu 9 am - 12:30 pm & 1:30 pm -5 pm

VAN NUYS ADULT HEALTH CTR. (HIV Care)-

Address: 14624 Sherman Way, Suite 600 (6th Floor), Van Nuys, CA 91405

**Phone:** 818-988-6335

**Hours:** M, Th & Sat -8 am -5 pm

Tue, Wed -8 am - 9 pm

Fri - 9 am - 5 pm

#### TEEN HEALTH CTR. SAN FERNANDO HIGH SCHOOL

**REVISED AUGUST 2020** 

**Address:** 11051 North O'Melveny Avenue, San Fernando, CA 91340

**Phone:** 818-365-7517

**Hours:** M- F - 7:30 am - 4 pm

**Website:** https://nevhc.org/programs-services/health-centers/

Overview: Due to Covid-19 Pandemic, North Valley Health Corporation, providers

now offer telephone visits, and patients only come to the clinic for

essential in-person appointments.

The mission of Northeast Valley Health Corporation is to provide quality, safe and comprehensive primary health care to medically underserved residents of Los Angeles County, particularly in the San Fernando and Santa Clarita valleys, in a manner that is sensitive to the economic, social, cultural and linguistic needs of the community.

### **LAUSD - School Based Clinics**

School Based Clinics provide medical services to eligible students and their siblings ages 1-18 and Special Education Students thru age 22. Services offered include: immunizations, physical exams (routine and sports), primary care ill visits, reproductive health care available at some locations.

Due to Covid-19 restrictions, these school-based clinics are closed. Families are encouraged to call the District's hotline for further assistance.

CLINIC NAME	ADDRESS	CLINIC DAYS/HOURS	SERVICES	PHONE / FAX
Telfair Student & Family Wellness	10911 Telfair Avenue	Mon - Fri 8 am -3 pm	Immunizations, physical exams	Information: 213-202-7590
Medical & Vision	Pacoima, CA 91331		(routine/sports), primary care ill visits and vision	
SEPA (School Enrollment Placement & Assessment Center)	1339 Angelina St. Los Angeles, CA 90026	Facility Hrs: 8 am- 4:30 pm Clinic Hrs. 8 am – 3 pm	exams.  Mon– Fri walk-in for Immunizations until 2:00 PM Physicals by appointment only	Office: 213-482-3954 Clinic: 213-482-1301 Fax: 213-481-2097
Columbus Middle School Clinic	7739 Farralone Ave. Canoga Park, CA 91304	Mon - Fri 8 am -3 pm	Immunizations, physical exams (routine/sports), primary care ill visits	Phone: 818-702-1270 Fax: 818-702-1253
Kennedy High School Clinic	11254 Gothic Ave., Granada Hills, CA 91344	Mon - Fri 8 am -3 pm	Immunizations, physical exams (routine/sports), primary care ill Teen clinic services.	Phone: 818-271-2547 Fax: 818-271-2563
Wellness & Immunization Clinic Zelzah Site	6505 Zelzah Ave., Reseda, CA 91335	Mon - Fri 8 am -3 pm	Mon– Fri walk-in for Immunizations until 2:00 PM Physicals by appointment only	Phone: 818-654-1652 Fax: 818-758-9961

Lawrence Middle	10100 Variel Ave.,	Wed & Fri	Immunizations,	Phone:
School Clinic	Chatsworth, CA	8 am – 3 pm	physical exams	818-678-7965
	91311	_	(routine/sports),	Fax:
			primary care ill	818-678-7967
			visits.	

Name: North Hills Wellness Center – Monroe High School -OPEN

Address: 9119 Haskell Ave.; North Hills, CA 91343

Phone: 818-763-88360

Website: https://thelatrust.org/wellness-network-landing-page/access-our-

wellness-centers/james-monroe-high-school/

Hours: M/W; 8:30 am - 8 pm

Tu / Th / F - 8:30 am - 6 pm

Sat - 8:30 am -3 pm

Teen Clinic Services: M/Tu/Th 1:30 pm-4:30pm & W 8 am - 2 pm

**Overview:** Facilitate access to basic health, mental health, and wellness

services for students and families. And, to improve student health and readiness to learn, The Los Angeles Trust for Children's Health provides increased access to care, better school health policies, and quality, holistic health programs for the Los Angeles Unified

School District.

Vision

Name: **Lens Crafters- Gift of Sight Program** Check website for specific locations/hours Address:

888-935-4589 Phone:

Fax/Email: Email: info@onesight.org https://onesight.org/ Website:

Hours: Check website for specific locations/hours

Overview: **LensCrafters** associates and Independent doctors give their time at

OneSight **Vision** Clinics, providing **free eye exams** and prescription glasses

to people in need here and abroad.

Name: Telfair Student & Family Wellness Center - Closed

10911 Telfair Avenue: Pacoima, CA 91331 Address:

213-202-7590 – information Phone:

Fax/Email:

Website: https://achieve.lausd.net/Page/11905#spn-content

Mon – Fri.; 8 am -3 pm (Currently closed due to Covid-19) Hours:

This Wellness Center provides FREE eye exam and glasses to LAUSD Overview:

Students. And their siblings ages 1-18 (Special Educatoin Students thru age

22). Please call for appointment.

### Social Services

Name: Department of Public Social Services (DPSS)

**Phone:** 866-613-3777 and 323-260-3718 - Customer Service /Single Point of Contact

Website: www.dpss.lacounty.gov Hours: M - F; 8 am to 5 pm

Overview: Temporary financial assistance and employment services for families and

individuals. Free and low-cost CalWorks, Cash Assistance program for immigrants, electronic benefit transfer, general relief. Referrals to child care,

homeless services and veterans & military resources

#### Locations:

East Valley - 11

Address: 7555 Van Nuys, CA 91405

**Phone:** 818-701-8200

**Site Hours:** M - F; 8 am - 5 pm

Overview: Programs Offered: CalFresh, General Relief, Medi-Cal

San Fernando Sub Office -32

Address: 9188 Glenoaks Blvd.; Sun Valley, CA 91352

**Phone:** 818-701-8200

**Site Hours:** M - F; 8 am - 5 pm

Overview: Programs Offered: CalFresh, General Relief, Medi-Cal, GROW

West Valley - 82

Address: 21415 -21615 Plummer St.; Chatsworth, CA 91311

**Phone:** 818-701-8200

Site Hours: M - F; 8 am - 5 pm

Overview: Programs Offered: CalFresh, General Relief, Medi-Cal, Refugee assistance,

Name: Department of Children and Family Services (DCFS)

**Phone:** 800-540-4000 – Child Protection Hotline 24/7

**TDD:** 800-272-6699 (hearing impaired line)

Website: https://dcfs.lacounty.gov/

**Hours:** Office 8 am -6 pm

Overview: The Los Angeles County Department of Children and Family Services promotes

child safety and well-being by partnering with communities to strengthen

families, keeping children at home whenever possible, and connecting them with

stable, loving homes in times of need.

Name: Women, Infants and Children (WIC Program)

**Address:** Check website for specific locations

**Phone:** 888-WIC-WORKS (888-942-9675) Call to locate nearest WIC site

Website: https://www.fns.usda.gov/wic

**Hours:** Hours varies by location – check website for specific location

**Overview:** WIC was established in 1974 as a permanent program to safeguard the health of

women, infants and children up to age 5 who are at nutritional risk. By providing nutritious foods to supplement diets, nutrition education, including breastfeeding

promotion and support, and referrals to health and other social services.

## Family Source Centers

FamilySource Partnership Program Centers are equipped with Pupil Services and Attendance (PSA) Counselors are co-located at 13 FamilySource Centers (FSC) throughout the City of Los Angeles that primarily serve families with children ages 5-17. The FamilySource Partnership Program (FSPP) focuses on engaging parents and students with resources to improve academic achievement and to lift families out of poverty. PSA Counselors conduct educational assessments and serve students and families through outreach, advocacy and referrals to programs and services. The FamilySource Partnership Program aims to increase attendance, improve academic achievement and support the goal of graduation for all students.

FamilySource Center	Address:	Telephone/Fax	Pupil Services & Attendance (PSA) Counselor	LAU High Sc	
New Economics	21400 Saticoy	Phone:	Karen Alvarado	Cleveland HS	Reseda HS
for Women	Street	818-887-3872-	kla9206@lausd.	Canoga Park HS	Chatsworth HS
	Canoga Park,	Fax:	net	Taft CHS	El Camino
	CA 91304	818 564-4612-			Real CHS
El Nido Family	11243 Glenoaks	Phone:	Cindy Leyva	San Fernando HS	Cesar Chavez
Center	Blvd. Suite 2	818-896-7776	csl2648@lausd.	Arleta HS	LA
	Pacoima, CA	Fax:	net	Sun Valley HS	Sylmar HS
	91331	818-896-3667		Verdugo HS	Granada Hills
					CHS
					JFK HS
New Economics	6946 Van Nuys	Phone:	Sylvia Elias	Monroe HS	East Valley HS
for Women	Blvd., Suite 220	818-786-4098	ets4924@lausd.	Grant HS	Polytechnic SH
	Van Nuys, CA	Fax:	<u>net</u>	Panorama HS	North
	91405	818-786-4196		Van Nuys HS	Hollywood HS

# Youth Source Centers

Pupil Services and Attendance (PSA) Counselors are co-located at 14 YouthSource Centers and 3 America's Job Centers that primarily serve youth ages 16-24 with a focus on engaging out-of-school youth with school and/or work, improving student retention and bolstering academic proficiency. Students receive an academic assessment by the PSA Counselor and assistance with educational options, referrals, and resources to appropriate programs and services. PSA Counselors at the YouthSource/AJCC Centers, also serve as the main provider for the Truancy Diversion Program, deterrent alternative for students in violation of the daytime curfew law.

YouthSource- City of LA	PSA Counselor	Neighboring Schools	
Youth Policy Institute	Gabriela Morales	Cesar Chavez	Century LC
(YPI) – YPI is	(818) 573-9025	Learning Academy	Monroe HS
permanently closed.	gxm9388@lausd.net	San Fernando HS	Sylmar HS
11844 Glenoaks Blvd.		Vaughn Next LC	Kennedy HS
San Fernando, CA 91340			
El Proyecto del Barrio	Alan Woskanian	Arleta HS	Polytechnic HS
9030 Laurel Canyon	(818) 771-0184	Grant HS	Fulton College
Blvd.	alan.woskanian@lausd.net	East Valley HS	Prep
Sun Valley, CA 91340		No. Hollywood HS	Panorama HS
<b>Goodwill Southern</b>	Pamela Gates	Reseda HS	Van Nuys HS
California	(818) 782-2520	Taft HS	Monroe HS
14565 Lanark St.	pgates@lausd.net	Canoga Park HS	Cleveland HS
Panorama City, CA		Chatsworth HS	Panorama HS
91402			

# Los Angeles Reconnection Career Academy Center

## (LARCA) CENTERS

The Los Angeles Economic and Workforce Development Department (EWDD) created the Los Angeles Reconnections Career Academy (LARCA) program as a means of addressing the extensive education and employment needs of the city's sizable out of school youth population ages 16 to 24 with education, training and employment services, alongside case management and other supportive services, using a career pathways mode. Funded by Workforce Innovation Fund (WIF) grand from the U.S. Department of Labor.

Interested in accessing services; please call a Career Coach to learn more about referral process.

LARCA Center	Career Coach Information
SAN FERNANDO VALLEY ResCare Workforce Services 21010 Vanowen Street, Canoga Park, CA 91303	Gloria Torres 818-596-4123
Youth Policy Institute – YPI is permanently closed. 13420 Van Nuys Blvd Suite 221., Pacoima, CA 91331	Victoria Ahuactzi 818-492-4065
Sun Valley WorkSource Center El Proyecto del Barrio, Inc. 9024 Laurel Canyon Blvd., Sun Valley, CA 91352	Sal Moncada 818-504-0334 ext. 112

## Work Source Centers

All WorkSource Center are open, please call for Covid-19 restrictions information.

The Economic & Workforce Development Department (EWDD) has 16 WorkSource Centers located throughout Los Angeles. The WorkSource Centers offer free employment services to adults, dislocated workers, veterans, the homeless and the re-entry population include Services include; job training, telephone and computer access, and literacy skills workshops Employment referrals, customized job matching, placement and listings via CalJOBSSM Resume and interview skills building, Career guidance and program placement assistance Customized training for staff, interview rooms, and information for businesses affected by plant closures or layoffs, customized recruitment to help quickly fill multiple positions Candidate screening and/or testing to assure only qualified workers apply for positions Facilities for conducting both one-on-one and group interviews, On-the-job and pre-employment training to provide workers with the skills necessary for employment. Visit website for more information:

https://ewddlacity.com/index.php/employment-services/adults-age-24-and-older/worksource-centers

WorkSource Center	Contact Information
Canoga Park, South Valley ResCare Workforce Services	818-596-4448 - Phone 818-596-4155 - TTY
21010 Vanowen Street	818-596-4451 - Fax
Canoga Park, CA 91303	https://www.rescare.com/workforceservices/ Web
Pacoima, Northeast Valley Youth Policy Institute – YPI is permanently closed. 13420 Van Nuys Boulevard, #221 Pacoima CA 91331 Co-located at the North Valley BusinessSource Center Sun Valley, Southeast Valley El Proyecto del Bario, Inc. 9024 Laurel Canyon Boulevard Sun Valley CA 91352	818-492-4065 – Phone – no longer in service 818-897-9792 - TTY 818-596-4451 – Fax https://www.ypi.org/program/workforce-innovation-and-opportunity-act/ - Web 818-504-0334 - Phone 818-504-1974 - TTY 818-504-2625 – Fax http://www.elproyecto.us/ Web
Chatsworth, West Valley Build Rehabilitation Industries 9207 Eton Avenue Chatsworth CA 91311	818-701-9800 - Phone 818-701-9850 - TTY 818-701-9801 - Fax Ifuentes@buildonestop.com - Email https://buildworksource.com/Web

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# Websites & Resources

**Healthy City** is a web-based resource search engine providing a wide range of resources and services such as housing assistance and other basic needs. Results can be arranged by address or intersection, zip code, city, census boundaries, service planning area, L.A. County Health Districts, Political Boundaries, and LAUSD School Attendance Boundaries.

Website: www.healthycity.org

#### **IDONLINE**

www.ldonline.org

**Overview:** -a great resource for families with children with special needs.

Imagine LA 672 S. Lafayette Park Place Suite 28

Los Angeles, CA 90057 Phone: (323) 944-0210 Website: www.imaginela.org

**Overview:** Provides mentors and support for families who are in the process of moving out of homelessness into permanent housing. They help families gain the tools to maintain housing,

attain self-sufficiency and ensure every member of the family thrives.

#### LA LGBT Youth Advocates

Website: www.lalgbtyac.org

Overview: We are a Coalition of LGBTQ Youth Supportive Organizations in Los Angeles

County.

Los Angeles County website that automatically determines eligibility for a variety of county programs.

Website: www.lacountyhelps.org

**Los Angeles County Housing Authority** website that provides information and applications for both Section 8 tenant assistance and Public Housing Rental Assistance programs.

Website: www.lacdc.org

Los Angeles County Info Line provides information and referrals for all types of services

**Phone:** 211 or 800-339-6993 **Website:** <a href="https://www.211la.org/">https://www.211la.org/</a>

Los Angeles Department of Mental Health has housing resources/assistance for eligible DMH clients.

**Phone:** 800-854-7771 (24hr Helpline)

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Please use the community-based agencies referral form when providing referral information to Families.

Website: http://dmh.lacounty.gov

Social Serve is a private non-profit website providing free housing search engine for affordable rentals.

Website: www.socialserve.com

The Bin (Los Angeles Personal Property Storage) 507 Towne Avenue Los Angeles, Ca 90013 Phone: 213-629-1050

Overview: FREE storage is provided on a first come first serve basis. New clients are recommended to

arrive at or before 7:30AM.

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# Hotlines

211-Infoline of Los Angeles County-Person calling must provide zip code and a Community Resource Advisor will provide referrals to emergency food, shelter, and other needed resources. Dial 211 from any phone.

#### **Information Line**

**Phone:** 800-339-6993 or Call 211 Website: www.211ct.org

#### California Youth Crisis Line

**Phone:** 800-843-5200

Website: www.youthcrisisline.org

Overview: Toll free, 24hr, confidential hotline available to teens from 12-24 yrs. and/or any adult

supporting a youth.

# **CDC** Health Info **Phone:** 800-232-4636

Website: www.cdc.gov

**Overview:** The Department of Disease Control and Prevention provides information about diseases, conditions, healthy living, emergency preparedness and response, injury, violence, safety and much more.

# **Center for the Pacific Asian Family Services**

3424 Wilshire Blvd.

**Suite 1000** 

Los Angeles, 90010 **Phone:** 800-339-3940

Website: www.nurturingchange.org

Overview: Offers services on domestic violence, sexual assault, prevention and community education and community partnerships in English and many Asian and Pacific Islander languages and dialects.

### Child Abuse/DCFS **Phone:** 800-540-4000

Website: <a href="https://dcfs.lacounty.gov/">https://dcfs.lacounty.gov/</a>

Overview: The Department of Children and Family Services provides quality child welfare services and

supports children in growing up safe, healthy, educated and with permanent families.

**Elder Abuse** 

**Phone:** 877-477-3646

#### A Father's Heart Hotline

**Phone:** 211

Overview: Provides communication with an adult male role model for fatherless children that seek advice

and encouragement.

Mental Health ACCESS Phone: 800-854-7771

**National Domestic Violence Hotline** 

**Phone:** 800-799-7233 **Website:** thehotline.org

## **Parents Without Partners**

**Phone:** 800-637-7974

Website: www.parentswithoutpartners.org

Overview: Offers educational, family and adult social/recreational activities.

#### **Probation Information Center**

**Phone:** 866-931-2222

#### RAINN (Rape, Abuse, Incest, National Network)

**Phone:** 800-656 - HOPE (4673)

Website: rainn.org

#### **Sexual Assault and Domestic Violence**

**Phone:** 800-799-SAFE (7233)

### Sexual Assault Helpline Phone: 877-995-5247 Website: safehelpline.org

#### **Suicide Prevention and Survivor**

**Phone:** 800-273-8255

#### **Tarzana Treatment Center**

**Phone:** 888-777-8565

Website: www.tarzanatc.org

**Overview:** Provides high quality, affordable behavioral healthcare and addiction treatment services in Los Angeles County. Services include: alcohol and drug addiction treatment, mental health, medical detox,

rehab for teens/youth and adults and more.

#### **Teen Line**

**Phone:** 310-855-4673 and 800-852-8336

Website: www.teenlineonline.org

Overview: Teen line is supported by teens for teens whether there is a problem of just want to talk to

someone; the line is available through phone and online chatting.

**Site Hours:** 6pm- 10pm (every night)

**Transitional Housing for Youth** 

**Phone:** (ILP)-213-351-0100 or 213-351-0101

Year Round/Winter Shelter Hotline

**Phone:** 800-548-6047

# **DOMESTIC VIOLENCE HOTLINES**

Center for the Pacific Asian Family Services 3424 Wilshire Blvd. Suite 100 Los Angeles, Ca. 90010

**Phone:** 800-339-3940

Website: www.nurturingchange.org

Overview: Offers services on domestic violence, sexual assault, prevention and community education and

community partnerships in English and many Asian and Pacific Islander languages and dialects.

Jenesse Center, Inc. Hotline Phone: 800-479-7328

**Los Angeles County Domestic Violence Council** 

Phone: (800) 978-3600 24 hour hotline

(888) 944-7575 Monday-Thursday, 9am to 6pm

1736 Family Crisis Center – South Bay 21707 Hawthorne Blvd. Suite 300

Torrance, CA 90503

**Phone:** 310-543-9900 (Service/Intake) and 310-379-3620 (24 hr Hotline) & 310-370-9910 (Domestic

Violence)

**24 hour Hotlines:** 562-388-7652 213-745-6434 213-222-1237 310-370-5902 310-379-3620

Fax: 310-543-9910

Website: www.1736fcc.org

**Overview:** The agency provides case management, counseling services, domestic violence services, family support services for low income families, runaway services, emergency and transitional shelter for battered women and their children, shelter for runaway/homeless youth are 10-17 years, and welfare-to-work support services. There are no geographic restrictions. By appointment only.

**Site Hours:** Mon- Fri, 8am to 5pm

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